

Parents®

healthy kids, happy families

22 NEW WAYS to PLAY

BUSY BAGS!
**ICE-CREAM
TREATS!**
BIRTHDAYS!

and did
we mention...
*sex? **

**the life
skills every
kid needs**

beauty news



The best
accessory? An
updo that looks
good from
every angle.

**trend
we love**

The Undone Bun

After seeing the effortlessly glam bun Julia Roberts rocked on the red carpet, we wondered if this style's as easy to do as it looks. Turns out it is! Los Angeles makeup artist and hairstylist Julia Papworth tells you how.

* **With damp hair,** comb through a product like Giovanni 2Chic Ultra-Volume Super Potion (\$8; walgreens.com) to build body as you blow-dry with a medium round brush.

* **Make a steep-side part,** then wrap sides face-forward, pinning around a medium-sized round brush. Shake the material once they're in place, and pull the rest of your hair back.

* **Single-twisting** the ponytail, controlling some hair's texture makes the finished look more sexy. Use the back of your hand to smooth the hair with fingers. The final blow-dry is key. (949.478.0000)

** how to
keep it hot
after kids*